

# Healthy Habits Food and Physical Activity

Biological Basis and Applications Evidence  
International Seminar

## Conferences:

- Genetic Aspects of Obesity
- Food Restriction: an Experimental Protocol to Study Circadian Metabolic Adaptations
- Food Behavior and Oxidative Stress Indicators
- Assessment of Physical Fitness in Different Age Groups and its Relationship with Cardio-metabolic Risk
- Nutrigenomics in the Modern Era
- Anti-inflammatory Effects of Exercise in the Elderly
- Food Habits of Youth in the UAEM
- Characterization and Effects of the Nopal Mucilage (*Opuntia ficus*) on the Microbiota

Registration fee:  
350.00 mexican pesos

University of Guadalajara, University  
Center of the South  
Adolfo Aguilar Zinser Auditorium  
September 20th and 21st, 2018

Av. Enrique Arreola Silva No. 883,  
Col. Centro C.P. 49000  
Ciudad Guzmán, Jalisco, México  
Phone: +52 (341) 575 2222 Ext. 46102  
FAX: +52 (341) 575 2223



## UNIVERSIDAD DE GUADALAJARA

Red Universitaria e Institución Benemérita de Jalisco

## Submission of abstracts

Registration of works in poster mode within the framework of HEALTHY HABITS: FOOD AND PHYSICAL ACTIVITY. BIOLOGICAL BASIS AND APPLICATIONS EVIDENCE INTERNATIONAL SEMINAR, in Ciudad Guzmán, Jalisco on September 20th and 21st, 2018, at the University of Guadalajara, CUSUR campus.

## Requirements:

1. All undergraduate students and postgraduate students who are doing original research related to nutrition, physical activity and health sciences, will be able to participate. There will be accepted 25 abstracts of undergraduate and postgraduate students respectively.
2. The abstracts submission of will be exclusively via e-mail [mon2012lab@gmail.com](mailto:mon2012lab@gmail.com)
3. Once accepted, you will be asked for a recovery fee of \$200 mx. There will be scholarships for
4. Works will be received with a deadline on August 1st, 2018
5. For those with college and major degree there will be an academic concession of 50% or 100% of the original recovery fee

Contact: Mónica Navarro Meza; [mon2012lab@gmail.com](mailto:mon2012lab@gmail.com)



**CIBMEC**  
Centro de Investigación en Biología Molecular  
de las Enfermedades Crónicas

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CENTRO DE INVESTIGACIONES EN  
COMPORTAMIENTO  
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